

2015 TRI-FITNESS WORLD CHALLENGE

THURSDAY, MAY 21

7:00 am - 9:30 am	Early athlete weigh in (Tri-Fit Suite)
10:30 am	Obstacle Course & True Grit Instruction - Hyatt Parking Lot
6:00 pm	Athlete Registration & athlete weigh in – (TBA)
7:00 pm - 7:30 pm	Athlete Meeting– Hyatt (TBA)

FRIDAY, MAY 22

9:00 am – 11:30 am	Shuttle Run & Bench Press – Hyatt Ballroom
5:30 pm	Grace & Physique & Fitness Routines – Hyatt Ballroom

SATURDAY, MAY 23

9:30 am	Obstacle Course, Box Jumps, True Grit Challenge - Hyatt Parking lot and ballroom
6:00 pm	Tri-Fitness Challenge Awards, Dinner, Hall of Fame Induction – Hyatt ballroom

** Schedule subject to change according to weather!

All athletes must stay on property due to possible changes; thank you!

\$30 Admission for weekend event for spectators

\$35 - Saturday Night (6 to 11 PM) Seated DINNER, AWARDS, HALL OF FAME INDUCTIONS, DANCE!!