15TH ANNIVERSARY 2012 TRI-FITNESS WORLD CHALLENGE MAY 17-20, 2012



EVENTS Grace & Physique (women) Obstacle Course (men & women) • Fitness Routine (women) Fitness Skills (box jumps, bench press, shuttle run-men & women) Tri-Fitness Model (women)–Overall and Age Groups

Athletes Register Online:

813-263-2779 www.trifitnesschallenge.com

"Overcome Obstacles and Feel the Power of Accomplishment"









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