

2016

TRI-FITNESS WORLD CHALLENGE

(Tentative) SCHEDULE:

Thursday, June 9

- Thursday 7:00 AM (until 9:30 AM) – Early athlete weigh in (TBA)
- Thursday 10:30 AM – Obstacle Course instruction (optional) – Hyatt parking lot
- Thursday 12:30 PM – Obstacle Course instruction (optional) – Hyatt parking lot
- Thursday 2:15 PM – Obstacle Course instruction (optional) – Hyatt parking lot
- Thursday 4:30 PM (until 6:45) – Athlete Registration & athlete weigh in – (TBA)
- Thursday 7:00 PM – Athlete Meeting– Hyatt (TBA)

Friday, June 10

- Friday 8:30 AM – True Grit Challenge – Hyatt Parking
- Friday 5:00 PM–Grace & Physique & Fitness Routines – Hyatt Ballroom

Saturday, June 11

- Saturday 8:30 AM – Obstacle Course (parking lot) & Shuttle Run (ballroom)
- Saturday 12 PM – Box Jumps – Hyatt Ballroom
- Saturday 1:00 PM – Bench Press
- Saturday 3:00 PM – Pool Gathering
- Saturday 6:00 PM - Tri-Fitness Challenge Awards, Dinner, Hall of Fame Induction

** Schedule subject to change according to weather!

All athletes must stay on property due to possible changes; thank you!

\$30 Admission for weekend event for spectators

\$40 - Saturday Night (6 to 9:30 PM) Seated DINNER, AWARDS, HALL OF FAME INDUCTIONS, DANCE!!

*** Because of weather, it is possible times can change and adjustments made.

Please stay at Tri-Fitness hotels so you can be reached – Thank you!