

2018 TRI-FITNESS WORLD CHALLENGE XXI

(Tentative) SCHEDULE:

Thursday, May 31

- Thursday 7:00 AM (until 9:30 AM) – Early athlete weigh in - Grand Hyatt - Tri-Fitness suite (room TBA)
- Thursday 10:30 AM – Obstacle Course instruction (optional) – 9701 Van St. Tampa or Alonso H.S - TBA
- Thursday 12:30 PM – Obstacle Course instruction (optional) – 9701 Van St. Tampa or Alonso, H.S - TBA
- Thursday 5:30 PM (until 7:00 PM) – Athlete Registration & athlete weigh in – Grand Hyatt - TBA
- Thursday 7:00 PM – Athlete Meeting– Grand Hyatt (TBA)

Friday, June 1

- Friday 9:15 - 10:30 AM – Bench Press - Grand Hyatt Ballroom
- Friday 5:00 PM–Grace & Physique & Fitness Routines – Hyatt Ballroom

Saturday, June 2

- Saturday 9:00 AM to 1:30 PM - Obstacle Course, Box Jumps, True Grit, Shuttle Run - Alonso H.S - Football Stadium, Gymnasium
- Saturday 6:00 PM - Tri-Fitness Challenge Awards, Dinner, Hall of Fame Induction

Sunday, June 3

- * Tri-Fitness Beach Bash - Beach - Fun time to be with friends and celebrate Florida and 21 year anniversary. Fun challenges with friends. TBA

** Schedule subject to change according to weather!

All athletes must stay on property due to possible changes; thank you!

\$30 Admission for weekend event for spectators

\$49 - Saturday Night (6 to 9:30 PM) Seated DINNER, AWARDS, HALL OF FAME INDUCTIONS, DANCE!!

*** Because of weather, it is possible times can change and adjustments made. Please stay at Tri-Fitness hotel, Grand Hyatt Tampa Bay, so you can be reached

