

# **2019 TRI-FITNESS WORLD CHALLENGE XXII**

## ***(Tentative) SCHEDULE:***

### **Friday, May 24**

- Friday 7:00 AM (until 9:30 AM) – Early athlete weigh in - Grand Hyatt - Tri-Fitness suite (room TBA)
- Friday 10:30 AM – Obstacle Course instruction (optional) – 9701 Van St. Tampa
- Friday 12:30 PM – Obstacle Course instruction (optional) – 9701 Van St. Tampa
- Friday 5:30 PM (until 7:00 PM) – Athlete Registration & athlete weigh in – Grand Hyatt - TBA
- Friday 7:00 PM – Athlete Meeting & Fun Team Challenge – Hyatt ballroom

### **Saturday, May 25**

- Saturday 8:30 - 10:30 AM – True Grit - Grand Hyatt Parking Lot
- Saturday 5:00 PM – Grace & Physique & Fitness Routines – Hyatt Ballroom

### **Sunday, May 26**

- Sunday 9:00 AM to 1:30 PM - Obstacle Course, Box Jumps, Bench Press, Shuttle Run - Alonso H.S - Football Stadium, Gymnasium
- Sunday 6:00 PM - Tri-Fitness Challenge Awards, Dinner, Hall of Fame Induction

### **Monday, May 27 (Memorial Day)**

- \* Tri-Fitness Memorial Day - Hyatt Pool - Fun time to be with friends and celebrate Florida and 22 year anniversary. Fun challenges with friends. The beach is still a possibility

\*\* Schedule subject to change according to weather!

All athletes must stay on property due to possible changes; thank you!

\$30 Admission for weekend event for spectators

\$49 - Sunday Night (6 to 9:30 PM) Seated DINNER, AWARDS, HALL OF FAME INDUCTIONS, DANCE!!

\*\*\* Because of weather, it is possible times can change and adjustments made. Please stay at Tri-Fitness hotel, Grand Hyatt Tampa Bay, so you can be reached