

2020 TRI-FITNESS RESULTS

TRI-FITNESS OVERALL (GP, Routines, OC, True Grit, Skills)

- 1 Jennifer Walker, Florida
- 2 Heather Williams, Arkansas
- 3 Shana Verstegen, Wisconsin
- 4 Suzy Perdomo, Florida
- 5 Stacy Wig, Maryland
- 6 Misti Flomer, Alabama
- 7 Gwen Atkinson, Indiana
- 8 Liva Rivera, Florida
- 9 Nicole Robinson, Alabama
- 10 Misty Forbus, Alabama

TRI-FITNESS OPTIONAL (GP, OC, True Grit, Skills)

- 1 Jennifer Walker, Florida
- 2 Heather Williams, Arkansas
- 3 Suzy Perdomo, Florida
- 4 Michelle Cerrito, Florida
- 5 Shana Verstegen, Wisconsin
- 6 Stacy Wig, Maryland
- 7 Stephani Heirshberg, Florida
- 8 Misti Flomer, Alabama
- 9 Billy Jean Wanmgerow, Colorado
- 10 Fleur Beneatar, Texas

TRI-FITNESS - Women (OC, True Grit, Skills)

- 1 Jennifer Walker, Florida
- 2 Heather Williams, Arkansas
- 3 Suzy Perdomo, Florida
- 4 Michelle Cerrito, Florida
- 5 Shana Verstegen, Wisconsin
- 6 Mia Williams, Texas
- 7 Stacy Wig, Maryland
- 8 Fleur Benetar, Texas
- 9 Sherry Parker, Florida
- 10 Anna Dutko, Florida

TRI-FITNESS- Men (OC, True Grit, Skills)

- 1 Lorenzo Newell, Texas
- 2 Dakota Colangelo, Florida
- 3 Shane Beasley, Alabama
- 4 Peter Verstegen, Wisconsin
- 5 Michael McKee, Alabama
- 6 Barry Cohen, Florida
- 7 Paul Flomer, Alabama

GRACE & PHYSIQUE

- 1 Amy Magiliulo, Florida
- 2 Tina Davis, Georgia
- 2 Heather Williams, Arkansas
- 3 Shana Verstegen, Wisconsin
- 4 Michelle Cerrito, Florida
- 4 Suzy Perdomo, Florida
- 5 Nicole Robinson, Alabama
- 6 Stacy Wig, Maryland
- 7 Stephani Heirshberg, Florida
- 8 Misti Flomer, Alabama
- 9 Jennifer Walker, Florida
- 10 Kim Lipe, Illinois
- 11 Ashley Cruz, Georgia
- 12 Billy Jean Wangerow, Colorado
- 13 Jennifer Lopez, Florida
- 13 Kimberly Taylor, Maryland
- 14 Fleur Benetar, Texas
- 15 Tierney Quick, Mississippi
- 15 Tina Flanders, Texas
- 16 Julie Bickelhaupt, Illinois
- 17 Meredith Butulis, Florida
- 18 Misty Forbus, Alabama
- 19 Kim Sides, Alabama
- 20 Erica Funk, Kansas

FITNESS ROUTINES

- 1 Shana Verstegen, Wisconsin
- 2 Mia Williams, Texas
- 3 Stacy Wig, Maryland
- 4 Jennifer Walker, Florida
- 5 Gwen Atkinson, Indiana
- 6 Heather Williams, Arkansas
- 7 Misti Flomer, Alabama
- 8 Suzy Perdomo, Florida
- 9 Meredith Butulis, Florida
- 10 Misty Forbus, Alabama
- 11 Nicole Robinson, Alabama
- 12 Liva Rivera, Florida
- 13 Kim Sides, Alabama
- 14 Kathy Nettles, Florida
- 15 Amanda Williams, Alabama
- 16 Michelle Vanderwel, Florida
- 17 Page McKee, Alabama
- 18 Alexa Rivera, Florida
- 19 Christy Beasley, Florida

OBSTACLE COURSE - Women

- 1 Jennifer Walker, Florida
- 2 Shana Verstegen, Wisconsin
- 3 Suzy Perdomo, Florida
- 4 KK Ramsey, Florida
- 5 Mia Williams, Texas
- 6 Michelle Cerrito, Florida
- 7 Liva Rivera, Florida
- 8 Heather Williams, Arkansas
- 9 Sherry Parker, Florida
- 10 Anna Dutko, Florida
- 11 Sheri Showalter, Georgia
- 12 Stephanie Markese, Florida
- 13 Kathy Nettles, Florida
- 14 Stephani Heirshberg, Florida
- 15 Lexi Montoya, Georgia
- 16 Tina Davis, Georgia
- 17 Billy Jean Wangerow, Colorado
- 18 Victoria McCullough, Colorado
- 19 Stacy Wig, Maryland
- 20 Fleur Benatar, Texas

OBSTACLE COURSE - Men

- 1 Dan Markese, Florida
- 2 Dakota Collangelo, Florida
- 3 Lorenzo Newell, Texas
- 4 Peter Verstegen, Wisconsin
- 5 Tayden Wangerow, Colorado
- 6 Cole Cox, Alabama
- 7 Shane Beasley, Alabama
- 8 Sascha Vanderwaall, Florida
- 9 Michael McKee, Alabama
- 10 Barry Cohen, Florida
- 11 Jacob Lopez,
- 12 Paul Flomer, Alabama

TRUE GRIT - Women

- 1 Jennifer Walker, Florida
- 2 Michelle Cerrito, Florida
- 3 Fleur Benatar, Texas
- 4 Heather Williams, Arkansas
- 5 Suzy Perdomo, Florida
- 6 Billy Jean Wangerow, Colorado
- 7 Sherry Parker, Florida
- 8 KK Ramsey, Florida

9	Julie Bickelhaupt, Illinois
10	Lexi Montoya, Georgia
11	Misti Flomer, Alabama
12	Kathy Nettles, Florida
13	Liva Rivera, Florida
14	Gwen Atkinson, Indiana
15	Anna Dutko, Florida
16	Riley Ellis, California
17	Brooke Duea, Illinois
18	Stephani Heirshberg, Florida
19	Stacy Wig, Maryland
20	Alexia Zarour, Florida

TRUE GRIT - Men

1	Lorenzo Newell, Texas
2	Dan Markese, Florida
3	Dakota Collangelo, Florida
4	Barry Cohen, Florida
5	Peter Verstegen, Wisconsin
6	Shane Beasley, Alabama
7	Sascha Vanderwaall, Florida
8	Michael McKee, Alabama
9	Ben Ahrens, Florida
10	Axel Von wernitz
11	Paul Flomer, Alabama

FITNESS SKILLS - Women

1	Heather Williams, Arkansas
2	Tina Dale, Florida
3	Suzy Perdomo, Florida
4	Jennifer Walker, Florida
5	Stacy Wig, Maryland
6	Shana Verstegen, Wisconsin
7	Michelle Cerrito, Florida
8	Amanda Wendel, Florida
9	Amy Magliulo, Florida
10	Tierney Quick, Mississippi
11	Jackie Callaway, Florida
12	Mia Williams, Texas
13	Misti Flomer, Alabama
14	Kimberly Taylor, Maryland
15	Stephani Heirshberg, Florida
16	Brooke Duea, Illinois
17	Billy Jean Wangerow, Colorado
18	JoJo Steffek, Florida
19	Nicole Robinson, Alabama
20	Fleur Benetar, Texas

FITNESS SKILLS - Men

1	Lorenzo Newell, Texas
2	Michael McKee, Alabama
3	Dakota Collangelo, Florida
4	Shane Beasley, Alabama
5	Dan Markese, Florida
6	Peter Verstegen, Wisconsin
7	Barry Cohen, Florida
8	Paul Flomer, Alabama

Children's OC - boys

10-12 yrs	Josiah Cooper, Georgia
8-9 yrs	Spencer Johnson, Alabama
5-7 yrs	Lucian Markese, Florida

Children's OC - girls

10-12 yrs	KK Ramsey, Florida
8-9 yrs	Aubree Ramsey, Florida

Children's True Grit - boys

10-12 yrs	Josiah Cooper, Georgia
8-9 yrs	Spencer Johnson, Alabama
5-7 yrs	Lucian Markese, Florida

Children's True Grit - girls

10-12 yrs	KK Ramsey, Florida
8-9 yrs	Lucy Lopez, Florida

Teenage OC - girls

short	Mia Williams, Texas
tall	Kylie Cox, Alabama

Teenage OC - boys

short	Jacob Lopez, Florida
tall	Dakota Collangelo, Florida

Teenage TG - girls

short	Alexia Zarour, Florida
tall	Riley Ellis, California

Grace & Physique Age

18-24 s	Alexa Rivera, Florida
25-29 t	Delaney Caulk, Illinois
30-34 s	Marissa Marten, Florida
30-34 t	Ashley Cruz, Georgia
35-39 s	Heather Williams, Arkansas

35-39 t	Billy Jean Wangerow, Colorado
40-44 s	Tina Davis, Georgia
40-44 t	Shana Verstegen, Wisconsin
45-49 s	Julie Bickelhaupt, Illinois
45-49 t	Michelle Cerrito, Florida
50-54 s	Suzy Perdomo, Florida
55-59 s	Amy Magliulo, Florida
60-64 t	Tina Flanders, Texas

Fitness Routines Age

18-24 s	Alexa Rivera, Florida
30-34 t	Kathy Nettles, Florida
35-39 t	Gwen Atkinson, Indiana
35-39 s	Jennifer Walker, Florida
40-44 t	Shana Verstegen, Wisconsin
40-44 s	Misti Flomer, Alabama
45-49 t	Liva Rivera, Florida
50-54 s	Stacy Wig, Maryland
teenage s	Mia Williams, Texas

Obstacle Course Age

18-24 s	Alexa Rivera, Florida
25-29 t	Lexi Montoya, Georgia
30-34 t	Kathy Nettles, Florida
30-34 s	Brooke Duea, Illinois
35-39 t	Sherry Parker, Florida
35-39 s	Jennifer Walker, Florida
40-44 t	Shana Verstegen, Wisconsin
40-44 s	Anna Dutko, Florida
45-49 t	Michelle Cerrito, Florida
45-49 s	Julie Bickelhaupt, Illinois
50-54 s	Suzy Perdomo, Florida
55-59 s	Theresa Winterhalter, Florida
60-64 t	Tina Flanders, Texas
60-64 s	Tina Dale, Florida

True Grit Age

18-24 s	Alexa Rivera, Florida
25-29 t	Lexi Montoya, Georgia
30-34 t	Kathy Nettles, Florida
30-34 s	Brooke Duea, Illinois
35-39 t	Billy Jean Wangerow, Colorado
35-39 s	Jennifer Walker, Florida
40-44 t	Shana Verstegen, Wisconsin
40-44 s	Fleur Benetar, Texas
45-49 t	Michelle Cerrito, Florida
45-49 s	Julie Bickelhaupt, Illinois

50-54 s	Suzy Perdomo, Florida
55-59	Natie Collar, Alabama
55-59 s	Theresa Winterhalter, Florida
60-64 t	Tina Flanders, Texas
60-64 s	Tina Dale, Florida

Fitness Skills Age

18-24 s	Willow Riley, Florida
25-29 t	Lexi Montoya, Georgia
30-34 t	Kathy Nettles, Florida
30-34 s	Brooke Duea, Illinois
35-39 t	Billy Jean Wangerow, Colorado
35-39 s	Heather Williams, Arkansas
40-44 t	Shana Verstegen, Wisconsin
40-44 s	Misti Flomer, Alabama
45-49 t	Michelle Cerrito, Florida
45-49 s	Julie Bickelhaupt, Illinois
50-54 s	Suzy Perdomo, Florida
55-59	Natalie Collar, Alabama
55-59 s	Amanda Wendel, Florida
60-64 t	Tina Flanders, Texas
60-64 s	Tina Dale, Florida
teenage t	Kyle Cox
teenage s	Kai Robinson/Mia Williams