

2024 TRI-FITNESS WORLD SCHEDULE XXVII

(Tentative) SCHEDULE:

Thursday, Oct. 10

Thursday 7:00 to 10:00 AM – Early weigh in – Marriott Tampa Westshore – 1001 N. Westshore Blvd, Tampa

Thursday 11:00 AM – Optional Obstacle Course Practice – 9701 Van St, Tampa

Thursday 5:30 PM – Weigh in and Registration – Marriott Tampa Westshore

Thursday 7:00 PM – Athlete Meeting – Marriott Tampa Westshore

Friday, Oct. 11

Friday 8:00 AM (until 9:30 AM) – Late athletes weigh in & Registration – Marriott Tampa Westshore

Friday 5:00 PM – Grace & Physique, Fitness Routines, Shuttle Run & HOF Induction – Jefferson High School Auditorium

Saturday, Oct. 12

Saturday 10 AM – Bench Press TBA

Saturday 5 PM to 9 PM– Obstacle Course, Box Jumps and True Grit - Plant High Stadium 2415 South Himes, Tampa Football

Sunday, Oct. 13

Sunday 9:30 – Awards – Marriott Tampa Westshore

Sunday 12 noon – Athlete Luncheon – TBA

SCHEDULE subject to change according to weather! As weather is an act of God, outside events such as Obstacle Course and True Grit can be subject to change thus the times of Skills might be changed. *** Weather can move things from Saturday evening to Saturday morning or Sunday morning

All athletes must stay on property due to possible changes, thank you.

\$30 admission for weekend for spectators

Grace & Physique tanning will be done by Jlynn at 9701 Van St (Al's home) and she will schedule times. Hair and makeup will be done by Marie and staff backstage at Mario